



CENTRAL COAST ACADEMY OF SPORT

2016-17 AFL Program Schedule - DRAFT

OCTOBER / NOVEMBER 2016

Friday 14th Oct	Application Open	Applications found on CCAS Website thinksport.com.au (Apply on line)
Monday 7th Nov	Application Close	Applications to be returned via email (info@thinksport.com.au) or fax (02) 4349 7759.
Wednesday 9th Nov	Squad Announced (on or around)	www.thinksport.com.au

NOVEMBER / DECEMBER 2016

Tue 15th Nov	Orientation Session and Uniform Presentation Introduction and program overview 1st Training Session	5.00pm - 7.00pm Bateau Bay Oval (Passage Road)
Thu 17th Nov	Training Session Phase 1 University Testing	Bateau Bay Oval 5:30pm - 7:00pm
Tue 22nd Nov	Training Session	Bateau Bay Oval 5:30pm - 7:00pm
Thu 24th Nov	Training / Education Session (eg Social Media)	Bateau Bay Oval 5:30pm - 7:00pm
Tue 29th Nov	Training session	Bateau Bay Oval 5:30pm - 7:00pm
Thu 1st Dec	Training Session Gym / Pool TBC	Bateau Bay Oval 6.00pm - 7:30pm

Please note this is a draft schedule and subject to change.





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2016-17 AFL Program Schedule - cont..

DECEMBER 2016		
Tue 6th Dec	Training Session	Bateau Bay Oval 5:30pm - 7:00pm
Thu 8th Dec	Training / Education Session	Bateau Bay Oval 5:30pm - 7:00pm
Tue 12th Dec	Training Session	Bateau Bay Oval 5:30pm - 7:00pm
Thu 14th Dec	Training Session	Bateau Bay Oval 5:30pm - 7:00pm
JANUARY 2017		
Tue 24th Jan	Training Session / Fitness Session	Bateau Bay Oval 5:30pm - 7:00pm
Tue 31st Jan	Training / Education Session	Bateau Bay Oval 5:30pm - 7:00pm
FEBRUARY 2017		
Thu 2nd Feb	Fitness Session Phase 2 University Testing	Bateau Bay Oval 5:30pm - 7:00pm
Tue 7th Feb	Training Session	Bateau Bay Oval 5:30pm - 7:00pm
Thu 9th Feb	Training Session	Bateau Bay Oval 5:30pm - 7:00pm
Tue 14th Feb	Final Training Session	Bateau Bay Oval 5:30pm - 7:00pm
SEPT 2017		
SEPT - Oct 2017 (Final date TBC)	CCAS Awards Evening (TBC)	Mingara Showroom (TBC) Attendance is compulsory for all athletes

**** PLEASE NOTE: THIS IS A DRAFT SCHEDULE AND SUBJECT TO CHANGE.
SELECTED ATHLETES WILL BE ADVISED OF ANY CHANGES WITH SUFFICIENT NOTICE.**

