



# CENTRAL COAST ACADEMY OF SPORT

## 2017 CCAS Swimming Program (draft)

December 2016	Program	Venue / Details
Thurs 15th Dec	Athlete Applications Open	Information can be found on the CCAS website, and through your local Swimming Assoc.
<b>February 2017</b>		
Tues 7th Feb	Athlete Applications Close	Applications must be submitted to the CCAS by 5:00pm
Thurs 9th Feb (on or around)	Squad Announced	<a href="http://www.thinksport.com.au">www.thinksport.com.au</a>
Wed 15th Feb	Orientation Uniform Presentation and vTeam Introduction	Mingara Recreation Club Details to be confirmed with selected athletes. 5.30pm - 6.30pm
Sat 18th Feb	Training Session	12:00pm - 3:00pm Mingara One - Pool
<b>March 2017</b>		
Sat 25th March	Training Session	12:00pm - 3:00pm Penninsula Leisure Centre - Pool
<b>April 2017</b>		
Sat 29th April	Training Session	12.00pm-3.00pm Mingara One - Pool
<b>May 2017</b>		
Sat 6th May	Training Session	12.00pm - 3.00pm Penninsula Leisure Centre - Pool
Wed 24th May	Education Session Drug & Alcohol Centre - The Glen	5.00pm Parents invited to attend
<b>June 2017</b>		
Sat 17th -Sun 18th June	2017 Winter Coast and Valley Championships	Entry Compulsory Enter with your club.





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## 2017 CCAS Swimming Program cont...

July 2017		
Fri 7th - Sun 9th July	Squad Tour/ Team Building Day Details to be Advised once numbers are confirmed Canberra	3 Days - Details to be confirmed (Additional cost per athlete TBC)
Saturday 22nd July	Training Session	Mingara One 12.00pm-3.00pm
August 2017		
Sat 12th August	Guest Coaching / Guest Speaker	Mingara One 12.00pm-3.00pm
September 2017		
Sat 16th Sept	Final Session Team session	Penninsula Leisure Centre - Pool Times TBC
TBC	CCAS Awards Evening	Mingara Recreation Club 5:30 Arrival More details to be sent closer to the date

***\*\*Please note the 2017 CCAS Swimming Program is subject to change.***

***Selected athletes will be advised with suitable notice of any additional sessions, changes to times, dates, venues etc.***

